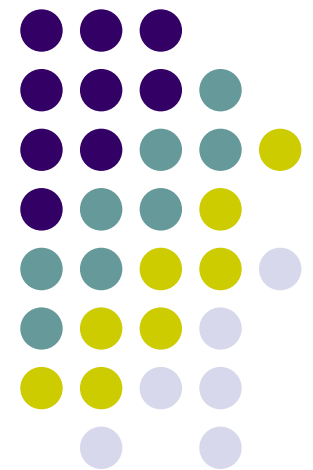
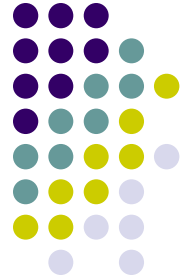


Local Wellness Policies:

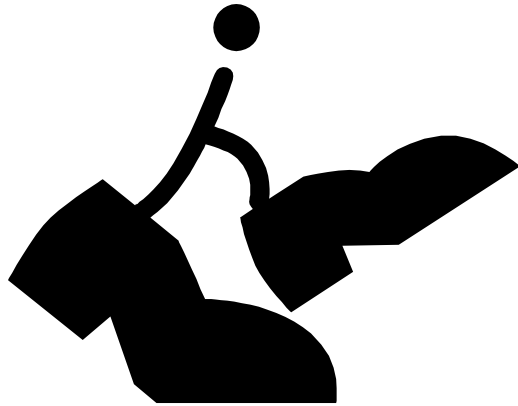
Opening the Door to Breakfast



The Door is Opening



Get Your Foot In!

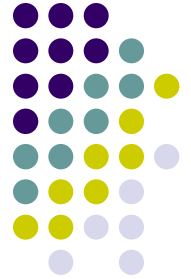


How Wide Will the Door Open?



- Local Wellness Policy requirements are a *minimum*.
- It's up to the folks involved to get the door open wide – that means you!
- Benefits: healthier kids and recognition too.

Wedging Open the Door: It Helps to Have Good Shoes



Health improvement



Education outcomes



Money

There's a 3-in-1 Shoe...





School Breakfast!

- Health: Kids who eat school breakfast consume **more fruits, vegetables & milk** – especially now with new funding.
- Education: Kids who eat school breakfast have **better test scores & attendance**.
- Money: California is turning away **\$340 million+** in untapped federal funding.

Wellness Policies + Breakfast



- A perfect match.
- Make the most of the conversation.
- Focus on what's going on in your district.



3 Questions to Ask

- Does every school in my district offer breakfast?
- Are we taking steps to maximize participation?
- Is quality where we want it to be?



Resources

- CFPA guidebook on Local Wellness Policies & School Breakfast on your CD-ROM.
- Visit www.breakfastfirst.org or call me at 415-777-4422 x129.
- Superintendents' Challenge info at www.wellnesstaskforce.org