

ACKNOWLEDGMENTS

Laura Brainin-Rodriguez, MS, MPH, RD

Coordinator, Feeling Good Project
Nutrition Services, Maternal Child Adolescent Health Section
San Francisco Department of Public Health

Coordinates the Mission Latino Family Partnership; developed survey instruments, focus group questions, did provider interviews and focus group facilitation for the Community Based Social Marketing Process (CBSM); researched and developed the community profile and CBSM reports leading to the development of the Cook Well-Live Better curriculum; provided oversight for the development, review, production and formatting of the Cook Well-Live Better curriculum; reviewed and edited all class outlines, class forms, handouts and curriculum materials; coordinated and facilitated classes during field testing of the Cook Well-Live Better curriculum; researched information on seasonal availability of produce in Northern California; coordinated administrative responsibilities (credits, interface with San Diego CNN and State CNN); reviewed all Spanish translations; did nutritional analysis of the final draft of the recipes; developed text for the “Frozen Fun Snacks” handout and provided recipes for the curriculum.

Angelica Ibarra,

Feeling Good Project
Nutrition Services, Maternal Child Adolescent Health Section
San Francisco Department of Public Health

Participated in the data analysis for the MLFP Community Based Social Marketing Process, including survey data compilation, creation of Access databases and data analysis summaries for all surveys and focus groups; provides administrative support for the Mission Latino Family Partnership (produces and sends out meeting announcements, takes and prepares minutes, assists in and occasionally prepares meeting agendas, corresponds with partners on special events and notices); coordinated and facilitated classes during field testing of the Cook Well-Live Better curriculum; collected feedback and evaluations on classes and proposed logos during field testing; co-created, edited and formatted class outlines; re-created graphics for handouts we adapted from the Cooking Healthy! curriculum and created graphics for all new handouts such as definitions, measurements, and fun frozen snacks; edited and formatted all Cook Well-Live Better handouts; researched information on handouts, recipes, class outlines, glossary; created curriculum logo-graphic; edited and formatted all recipes; provided recipes for the curriculum; created, edited and formatted class forms; did original Spanish translation of one-half of handouts and two-thirds of recipes; and oversaw organization of curriculum. The diligence and creativity of Angelica Ibarra over the past two years has resulted in an outstanding product and she deserves a great deal of credit for the Cook Well-Live Better process and curriculum.

Janice Lee,

Assistant Health Educator, Feeling Good Project
Nutrition Services, Maternal Child Adolescent Health Section
San Francisco Department of Public Health

Assisted in the provider survey process and focus group process; provided administrative support for the meetings (produced and sent out meeting announcements, took and prepared minutes, assisted in and occasionally prepared meeting agendas, corresponded with partners on special events and notices); Assisted with class coordination during field testing of the Cook Well-Live Better curriculum; reviewed and provided feedback for handouts, recipes and forms.

Coorina Ayala, RD

Nutritionist, Feeling Good Project

Nutrition Services, Maternal Child Adolescent Health Section

San Francisco Department of Public Health

Co-created class outlines for the Cook Well-Live Better curriculum; did original Spanish translation of the class outlines, half of the handouts, one-third of the recipes, the State approved credit statements for the handouts and some curriculum forms; did nutritional analysis of the first draft of the recipes; coordinated and facilitated classes during field testing of the Cook Well-Live Better curriculum; and provided recipes for the curriculum.

Suzanne Malone, RD

Nutritionist, Feeling Good Project

Nutrition Services, Maternal Child Adolescent Health Section

San Francisco Department of Public Health

Reviewed and edited all recipes to create uniform process and format; reviewed and edited group discussion section of the class outlines, “Cooking Terms”, “Preparation Terms” and “Preparing for a Class”; coordinated and facilitated classes during field testing of the Cook Well-Live Better curriculum; and reviewed and edited handouts and forms.

This project would not have been possible without the help of the following individuals (alphabetically)

Sandra Alvarez – Community Health Program Representative, University of California Expanded Food and Nutrition Education Program (EFNEP) - Joined the MLFP from the beginning and participated in the first year; provided review and input of provider interview, community member surveys and focus group discussion protocols; provided data for community profile.

Tavi Baker – Health Programs Manager, Boys and Girls Club of San Francisco – Joined the MLFP in the third year; provided a welcoming kitchen space for 2004-2005 classes to field test the Cook Well-Live Better curriculum; participated in the field testing process; and provided recipes to the curriculum.

Lilia Castillo – Health Programs Manager, Boys and Girls Club of San Francisco – Joined the MLFP in the second year; provided a welcoming kitchen space for field testing the Cook Well-Live Better curriculum; coordinated and facilitated classes during field testing of the Cook Well-Live Better curriculum; and provided recipes to the curriculum.

Amanda Chowenhill – Program Coordinator, Cuerpo Sano: Activate, CARECEN – Joined the MLFP in the second year. Coordinated and facilitated classes during the field testing of the Cook Well-Live Better curriculum; and participated in field testing of taglines and logos. Implemented community classes, providing feedback for the Cook Well-Live Better curriculum.

Eric Hernandez, RD – Nutritionist, Child Health Disability Prevention Program, San Francisco Department of Public Health - Participated in the MLFP the first two years; provided review and input of provider interview, community member surveys and focus group discussion protocols; provided data for community profile; participated in the field testing of the curriculum; and implemented portions of the curriculum, providing feedback used in the final product.

Maria Gutierrez , RD– Nutritionist, Mission Neighborhood Health Center – Joined the MLFP in its third year. Coordinated and facilitated classes during the field testing of the Cook Well-Live Better curriculum. Implemented community classes, providing feedback for the Cook Well-Live Better curriculum.

Cheryl Magid, RD – Nutrition Program Coordinator, Children’s Council of San Francisco (CCSF) - Participated in the MLFP from the very beginning; provided a welcoming meeting space for MLFP meetings; provided review and input of provider interview, community member surveys and focus group discussion protocols; provided data for community profile; coordinated and facilitated access to the CCSF childcare providers for participation in data collection; field testing of taglines and logos; and coordinated and facilitated classes during field testing of the Cook Well-Live Better curriculum.

Marta Martinez - Group Facilitator, Mission Girls, Mission Neighborhood Centers - Coordinated and facilitated classes during the field testing of the Cook Well-Live Better curriculum

Vilma I. Molina - Child Care Outreach Specialist, Children’s Council of San Francisco (CCSF) - Participated in the MLFP from the very beginning; review and input of provider interview, community member surveys and focus group discussion protocols; coordinated and facilitated classes during field testing of the Cook Well-Live Better curriculum; and provided recipes to the curriculum.

Iran Pont - Nutritionist, Mission Neighborhood Health Center (MNHC) - Participated in the MLFP from the very beginning and for the first two years; provided review and input of provider interview, community member surveys and focus group discussion protocols; coordinated and facilitated access to MNHC clients and programs for participation in data collection; and provided recipes to the curriculum.

Natalia Rivera – Program Coordinator, Mission Girls, Mission Neighborhood Centers and Nutrition Assistant Intern, Children’s Council of San Francisco– Participated in the MLFP in the third year. Coordinated and facilitated classes during the field testing of the Cook Well-Live Better curriculum; participated in the field testing of taglines and logos and provided recipes to the curriculum.

Gloria Romero – Girls Services Director, Mission Girls, Mission Neighborhood Centers - Participated in the MLFP from the very beginning; provided review and input of provider interview, community member surveys and focus group discussion protocols; and coordinated and facilitated access to Mission Girls clients and programs for participation in data collection; field testing of taglines and logos.

Julie Bright - Nutrition Assistant Intern, Children’s Council of San Francisco - Participated in the MLFP in the third year. Coordinated and facilitated classes during the field testing of the Cook Well-Live Better curriculum.

Staff from: Boys and Girls Clubs of San Francisco (Mission, Columbia-Park, Treasure Island, Bayview Hunters Point and Visitation Valley), Mission Girls, Even Start Program and HIPPY Program

MLFP Partners who have participated in the field testing process and implemented community classes, providing feedback for the Cook Well-Live Better curriculum (alphabetical)

Laura Eisenberg - Nutrition Coordinator, Boys and Girls Club of San Francisco - Also coordinated and facilitated classes during field testing of the Cook Well-Live Better curriculum.

Lorena Garcia - Literacy Specialist, Even Start Family Literacy Program - Also participated in the field testing of taglines and logos

Cynthia Yannaconne - Good Samaritan

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