



# Regional Nutrition Networks As of January 2005



**REGIONAL NUTRITION NETWORKS FOR HEALTHY, ACTIVE FAMILIES  
LEAD AGENCIES 2005-2007**

**Bay Area Region**

Counties: Alameda, Contra Costa, Marin, San Francisco, San Mateo, and Santa Clara  
Santa Clara County Public Health Department-  
Nutrition and Wellness  
976 Lenzen Ave., Unit 1200  
San Jose, CA 95126  
(408)947-8745  
Contact: Susan Lowery  
[susan.lowery@hhs.co.scl.ca.us](mailto:susan.lowery@hhs.co.scl.ca.us)

**Central Coast Region**

Counties: Monterey, San Benito, and Santa Cruz  
Monterey County Dept. of Health, Community  
Health Division  
1270 Natividad Road  
Salinas, CA 93906  
(831)755-4675  
Contact: Christine Moss  
[mossacd@co.monterey.ca.us](mailto:mossacd@co.monterey.ca.us)

**Central Valley Region**

Counties: Fresno, Kern, Kings, Madera, Mariposa, Merced, and Tulare  
U.C. Cooperative Ext., Fresno County  
1720 South Maple Ave.  
Fresno, CA 93702  
(559)456-7142  
Contact: Dr. Constance Schneider  
[cschneider@ucdavis.edu](mailto:cschneider@ucdavis.edu)

**Desert Sierra Region**

Counties: Inyo, Riverside, and San Bernardino  
San Bernardino County Department of Public Health  
351 North Mt. View Ave., 1<sup>st</sup> Fl.  
San Bernardino, CA 92415  
(909)387-6320  
Contact: Jeanne Silberstein  
[jsilberstein@dph.sbcounty.gov](mailto:jsilberstein@dph.sbcounty.gov)

**Gold Coast Region**

Counties: San Luis Obispo, Santa Barbara, and Ventura  
Ventura County Public Health Department  
2323 Knoll Drive, Suite 318, 3<sup>rd</sup> Floor  
Ventura, CA 93003  
(805)677-5328  
Contact: Rigaberto Vargas  
[rigoberto.vargas@mail.co.ventura.ca.us](mailto:rigoberto.vargas@mail.co.ventura.ca.us)

**Gold Country Region**

Counties: Alpine, Amador, Calaveras, El Dorado, Mono, Placer, Sacramento, San Joaquin, Solano, Stanislaus, Sutter, Tuolumne, Yolo, and Yuba  
Health Education Council  
3950 Industrial Blvd., Ste. 600  
West Sacramento, CA 95691  
(916)556-3344  
Contact: Melissa Guajardo  
[melissa@healthedcouncil.org](mailto:melissa@healthedcouncil.org)

**Los Angeles Region**

Counties: Los Angeles  
Los Angeles County Department of Health Services  
3530 Wilshire Blvd, Ste. 800  
Los Angeles, CA 90010  
(213) 351-7889  
Contact: Jean Tremaine  
[jtremaine@ladhs.org](mailto:jtremaine@ladhs.org)

**North Coast Region**

Counties: Del Norte, Humboldt, Lake, Mendocino, Napa, and Sonoma  
Humboldt County Dept. of Health and Human Services  
529 I Street  
Eureka, CA 95501  
(707)441-4652  
Contact: Joyce Houston  
[jhouston@co.humboldt.ca.us](mailto:jhouston@co.humboldt.ca.us)

**Orange County Region**

Counties: Orange  
Orange County Health Care Agency  
1725 W. 17<sup>th</sup> Street  
Santa Ana, CA 92706  
(714)834-8092  
Contact: Maridet Castro Ibanez  
[mibanez@ochca.com](mailto:mibanez@ochca.com)

**San Diego & Imperial Region**

Counties: Imperial and San Diego  
UCSD, Community Pediatrics  
4305 University Ave., Suite 590  
San Diego, CA 92105  
(619)681-0663  
Contact: Michelle Zive  
[mzive@ucsd.edu](mailto:mzive@ucsd.edu)

**Sierra Cascade Region**

Counties: Butte, Colusa, Glenn, Lassen, Modoc, Nevada, Plumas, Shasta, Sierra, Siskiyou, Tehama, Trinity  
California Health Collaborative  
25 Jan Court, Suite 130  
Chico, CA 95928  
(530)345-2483  
Contact: Patricia Mannel  
[pmannel@healthcollaborative.org](mailto:pmannel@healthcollaborative.org)